

Maine Data Source

BRFSS-

<https://www.maine.gov/dhhs/mecdc/public-health-systems/data-research/brfss/index.shtml>

Behavioral Risk Factor Surveillance System (BRFSS)-BRFSS is the world's largest, on-going telephone health survey system, tracking health conditions and risk behaviors throughout the United States and its territories. Since 1987 Maine BRFSS has provided state-specific information about health issues such as asthma, diabetes, health care access, alcohol use, hypertension, obesity, cancer screening, nutrition and physical activity, tobacco use, and many more. Federal, state and local health officials, and researchers use this information to track health risks, identify emerging problems, prevent disease, and improve treatment. Each year over 10,850 Maine adult, non-institutionalized residents are called to participate in this important survey. If you are called, your participation is very important to the survey.

Maine collected ACE data on the BRFSS in 2010 and 2011. You can find a poster summarizing the data here:

<https://www.acesconnection.com/g/state-aces-action-group/fileSendAction/fcType/0/fcOid/402120533756356605/filePointer/459409328083868646/fodoid/459409328083868639/Maine%20CDC%20ACEs%20Poster.pdf>

YRBS- <https://www.cdc.gov/healthyyouth/data/yrbs/index.htm>

The Youth Risk Behavior Surveillance System (YRBSS) monitors six categories of health-related behaviors that contribute to the leading causes of death and disability among youth and adults, including—

- Behaviors that contribute to unintentional injuries and violence
- Sexual behaviors related to unintended pregnancy and sexually transmitted diseases, including HIV infection
- Alcohol and other drug use
- Tobacco use
- Unhealthy dietary behaviors
- Inadequate physical activity

YRBSS also measures the prevalence of obesity and asthma and other health-related behaviors plus sexual identity and sex of sexual contacts. YRBSS is a system of surveys. It includes 1) a national school-based survey conducted by CDC and state, territorial, tribal, and 2) local surveys conducted by state, territorial, and local education and health agencies and tribal governments.

- Maine 2019 High School YRBS Results:
<https://nccd.cdc.gov/youthonline/App/Results.aspx?LID=ME>
- Maine 2019 Middle-school YRBS Results:
<https://nccd.cdc.gov/youthonline/App/Results.aspx?LID=ME>

MIYHS: <https://data.mainepublichealth.gov/miyhs/home>

The Maine Integrated Youth Health Survey (MIYHS) was first administered in 2009 and will be offered in February of odd-numbered years. The MIYHS is the result of collaboration between the Maine Department of Health and Human Services and the Maine Department of Education. Its purpose is to quantify the health of Kindergarten and Grade 3 students through parent interviews, and the health-related behaviors and attitudes of 5th through 12th graders by direct

student survey. Beginning in 2019, the parent interviews were removed and only height, weight, and oral health examinations took place for Kindergarten and Grade 3 students.

2019 Snapshot Fact Sheets: <https://data.mainepublichealth.gov/miyhs/2019Snapshots>

ACE Infographic:

<https://data.mainepublichealth.gov/miyhs/files/Snapshot/2019MIYHSACEsInfographic.pdf>

CAHMI Data: <https://www.cahmi.org/>

The Child and Adolescent Health Measurement Initiative (CAHMI) is a national initiative based out of the Bloomberg School of Public Health at Johns Hopkins University in Baltimore, Maryland. Originally housed at FACCT – Foundation for Accountability, the CAHMI was established in 1998.

Other Helpful Data Sources:

Kids Count Data Center- Maine Indicators: <https://datacenter.kidscount.org/data#ME/2/0/char/0>

NIHCM Foundation Data Insights:

<https://www.nihcm.org/categories/helping-children-thrive-early-childhood-development-aces>

HRSA- National Survey of Children's Health

https://mchb.hrsa.gov/data/national-surveys?utm_campaign=enews20201015&utm_medium=email&utm_source=govdelivery